Mo the Midwife®

PATIENT EDUCATION



MATERNAL MORTALITY IN THE UNITED STATES

Latest finalized CDC statistics • 2024 data (published March 2026)

649 maternal deaths in 2024

17.9 deaths per 100,000 live births

BY STATE: LOUISIANA & TEXAS

U.S. — **17.9** per 100,000 live births

LA — **26.0** per 100,000 live births

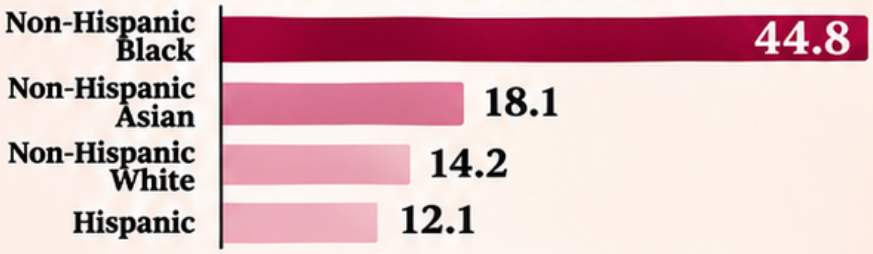
≈ 45% higher than the U.S. rate

TX — **18.7** per 100,000 live births

≈ 4% higher than the U.S. rate

MATERNAL MORTALITY BY RACE AND ETHNICITY

Maternal deaths per 100,000 live births



The maternal mortality rate for Black women is *3 times higher* than for White women.

BY MATERNAL AGE

Maternal deaths per 100,000 live births

Under 25	13.7
Ages 25–39	16.5
Ages 40+	62.3

KNOW THE URGENT WARNING SIGNS

- Severe headache
- Vision changes
- Chest pain or trouble breathing
- Heavy bleeding
- Thoughts of self-harm

Seek immediate medical attention for serious symptoms.

Maternal death: pregnancy or within 42 days after pregnancy, from pregnancy-related or aggravated causes. Rates per 100,000 live births. 2024 final data; newer provisional rates are subject to change.

Source: CDC National Center for Health Statistics.
Maternal Mortality Rates in the United States, 2024 (March 2026) | cdc.gov/nchs/data/hestat/hestat113.htm